



SUMMARY OF TALKING POINTS

How to Talk about EMF Issues with Friends Without Losing your Friendships

1. When you have the Urgent Urge to Tell the World

Firstly, respect that EMF Issues are not everyone's 'thing'

- For various valid reasons some people just cannot deal with it
- It is not helpful to judge them, so don't go there
- Be compassionate, remember how it felt to be where they are

2. Hear the Meaning when Someone Says They Don't Want to Know

Recognize whether to get into it, or simply offer helpful safety advice

- Know when to hold it, know when to fold it, at the outset
- If negative, stay real, admit your own initial reactions
- Keep it personal, share your own process of discovery
- Share your own concerns candidly, and what you're optimistic about

3. Ask Invitational Questions Rather than Offering Your Own Conclusions

Have your questions thought out ahead of time

- Have questions on the tip of your tongue for casual encounters
- Have questions ready for deeper conversation in various contexts (health, children, political, legal, etc) for various situations
- Then LISTEN, and let the conversation flow from there

4. Use Caution Distinguishing Fact from Interpretation

Stick to the facts that you know for certain

- Avoid speculation or opinion stated as fact
- Maintain your personal and professional credibility

5. Keep Yourself Informed - It's Empowering for You and Everyone Else

People who are informed are consistently the most hopeful, and ultimately the ones making a positive difference in the world

- Information opens up our interest in becoming more informed
- Being informed shifts our focus to other informed people who are also solutions-oriented
- Speaking up become sharing information, an act of service

6. If Timing is Everything, Context is *the* Thing

Pick your Time, Place and Context Considerately

- Personal “together time” is not the best time to initiate a provocative conversation
- Respect that this is a dominant conversation topic, so steer it to the right time and place
- Tidbits of info are not as helpful as practical detail
- Prepare for dialog with “Informational Gifts” like a video (Take Back Your Power, Resonance: Beings of Frequency free online) or book (Electronic Silent Spring, Zapped) are always generally well received; fliers and brochures are more context specific
- Create your own context with simple handout mini-gifts, like stickers, signs & cards (<http://www.emf-experts.com/support-files/no-wireless-signsprintoutpg.pdf>)

7. When you Need to Recover from Encounters that Didn't go Well

Recognize when you have inadvertently pushed the 'overwhelm button', and thoughtfully pause:

- Stop, register what's happened, acknowledge you overstepped politely
- Apologize for making anyone uncomfortable
- If appropriate, ask what they would suggest you do instead?
- Remember to be genuinely of service, not on a mission

8. It Doesn't Take Everyone to be on the Forefront of a Revolution

First and last, respect that everyone has their own contribution to making the world a better place.

- If it helps remind yourself only 6% of Americans were active in the *American Revolution for Independence*
- You don't have to be an activist to actively make a positive difference
- You never know what a difference your words will make in someone's life
- However, remember if you do nothing you will make no difference at all

