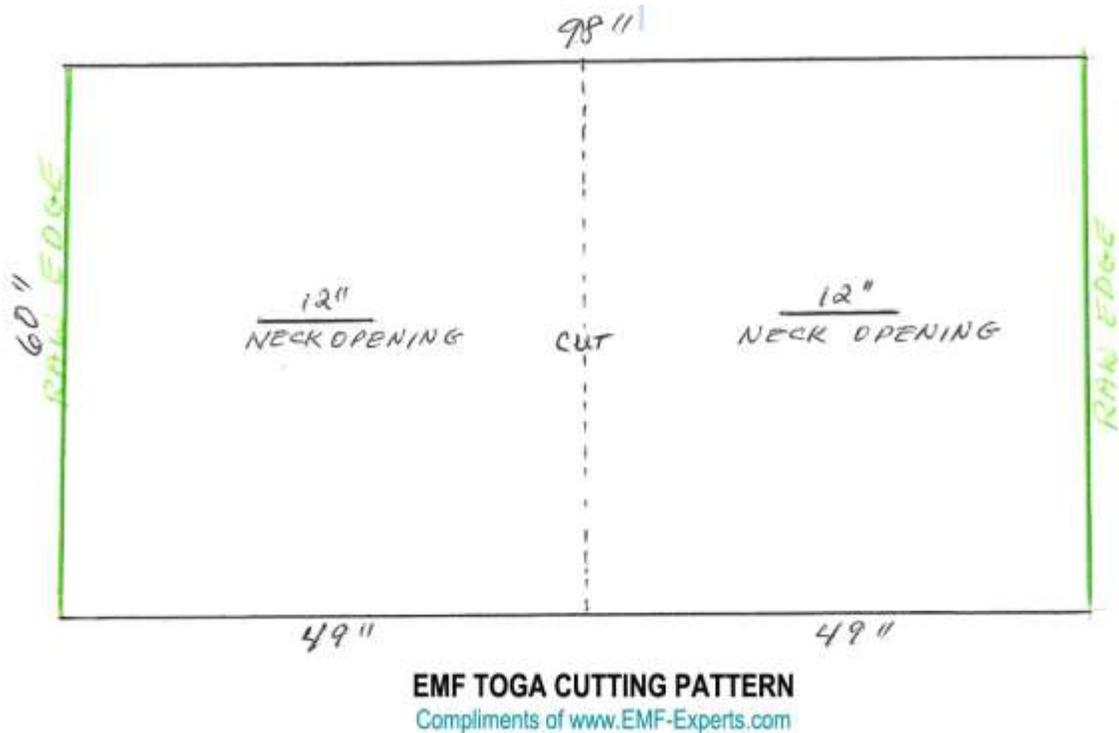




EMF PROTECTIVE COVERUP (Two Togas Pattern)

This extremely wide EMF shielding eco cotton 98" fabric (ordered in a 5 ft length) will be cut in half to create two 49" panels, resulting in two EMF Togas that measure 49" long by 60" wide (one size fits all). These two 4 ft by 5' panels are most cost optimizing use of fabric, with the added advantage that this gives you one toga to wear, while one is in the wash. Toga Fits 5' to 6'6 (our model in his Luke Skywalker look Toga is 6' tall).



Order 5 linear feet of EMF Shielding Eco Cotton Fabric at: www.emf-experts.com/emf-clothing.html

Lay Out the fabric as shown and cut with scissors down the center, created 2 panels. Fold each panel in half to determine the exact center for the neck opening and cut one 12" opening in each panel. Slip over head – Done.

Neck Opening Options: Here we show a 12" boat neck cut (for more thyroid/thymus gland protection from EMF), however you can make the 12" cut parallel to the raw edge for a V-neck cut if you prefer.

Sew or No Sew Options: This Toga can be done as a No-Sew project since the fabric is fairly tight weave and the raw edge on one side is finished to prevent unraveling, however protecting the cut edges by sewing a simple straight seam is recommended for longer life, particularly if the garment will undergo frequent washings.

Side Closure Options: If side closures are preferred (for maximum EMF protection) we recommend using metal snaps for ease of use, which can be "stapled" into the fabric without any fuss or harm to the fabric. Safety pins are not recommended.

Optional Toga and Scarf Combination:

While 2 Togas is the most efficient use of this extra wide fabric, it is of course possible to make 1 Toga with slightly less fabric (saving 1 ft fabric cost). Ordering 4 linear feet of fabric will give you one Toga (48" x 60") using the pattern above, and the remaining fabric can be used for a casual head scarf (38" x 48").